


	A	B	C	D	E	F	G	H		
1	Click Link to order:									
2		<b>I recommend these products all the time.</b>	<b>Instructions-dosing</b>	<b>Size-SKU</b>	<b>Size-SKU</b>	<b>Size-SKU</b>		<b>Notes</b>		
3	1	<b>Juice Plus+®</b>	2 capsules daily of all three colors	<a href="http://theresacook.juiceplus.com/us/en">http://theresacook.juiceplus.com/us/en</a>				This is the product I recommend in lieu of multivitamin.		
4		<a href="#">This is the product I recommend in lieu of multivitamin Order From Dr. Cook here: Juice Plus+ from Dr. Cook</a>		Juice Plus+ ®						
5			Sold only by distributors	Orchard, Garden, and Vineyard Blend Capsules						
6				\$71.25/month*						
7	2	<b>Barlean's Organic Oils:</b>	Take daily-1 TBSP or 10 capsules	<a href="#">Flax Oil Fresh 100% Organic, 32 Oz.</a>	16 Oz <a href="https://www.naturalhealthyconcepts.com/flax-oil-fresh-16oz-barleans-13716698.html">https://www.naturalhealthyconcepts.com/flax-oil-fresh-16oz-barleans-13716698.html</a>	250 Ct capsules: <a href="https://www.naturalhealthyconcepts.com/pure-flax-oil-250-barleans-13747606.html">https://www.naturalhealthyconcepts.com/pure-flax-oil-250-barleans-13747606.html</a>		If they want to buy a smaller put-up/SKU they can!		
9	3	<b>Organic Excellence Progesterone Cream</b>	Use 2X daily either 14 days for cycling women or every day for	<a href="#">OrganicExcellence.com</a> <b>Feminine Balance w/o Phytoestrogenic herbs Therapy - 3 oz. Pump</b>	<b>Feminine Balance Plus Phytoestrogenic Herbs Therapy - 3 oz. Pump</b>			Qty	Price	Discount
10								1 btl	\$34.95 ea	0% Off
11								2-3 Btl	\$29.95 ea	14% Off
12	4	<b>All Via Progesterone Cream</b>	Specific dosing per client/customer needs-life situation	Progensa Plus, 4 Oz <a href="https://www.naturalhealthyconcepts.com/progen-sa-plus-AV-4oz-13961706.html">https://www.naturalhealthyconcepts.com/progen-sa-plus-AV-4oz-13961706.html</a>	Progensa Plus, 4 Oz <a href="https://www.naturalhealthyconcepts.com/progen-sa-plus-AV-4oz-13951978.html">https://www.naturalhealthyconcepts.com/progen-sa-plus-AV-4oz-13951978.html</a>			I only recommend the pump delivery system, and for certain brands. I do not recommend the tubs with the screw on tops, as the cream becomes bacteria ridden from contact with the skin over time.		
17	5	<b>Mega-Foods Brand Whole food Balanced B Complex</b>	1 daily of each	<a href="#">Megafood Balanced B complex 90 count.</a> <a href="https://www.naturalhealthyconcepts.com/balanced-b-complex-90-13694406.html">https://www.naturalhealthyconcepts.com/balanced-b-complex-90-13694406.html</a> nced B Complex, 90 Tablets	<a href="#">Megafood Balanced B Complex 60 Count.</a> <a href="https://www.naturalhealthyconcepts.com/balanced-b-complex-60-13694402.html">https://www.naturalhealthyconcepts.com/balanced-b-complex-60-13694402.html</a>			Added B Complex and Magnesium generally needed by most people.		
23	6	<b>Mega-foods Brand Whole food Magnesium tablets</b>	1 daily at night	<a href="#">Magnesium, 90 Tablets.</a> <a href="https://www.naturalhealthyconcepts.com/magnesium-90-13731634.html">https://www.naturalhealthyconcepts.com/magnesium-90-13731634.html</a>	<a href="#">Magnesium, 90 Tablets.</a> <a href="https://www.naturalhealthyconcepts.com/magnesium-60-13804754.html">https://www.naturalhealthyconcepts.com/magnesium-60-13804754.html</a>			Added B Complex and Magnesium generally needed by most people.		
24	7	<b>Mega Foods Brand Multivitamin For those who won't buy Juice Plus</b>	One Daily	<a href="#">Mega Foods One Daily.</a> <a href="https://www.naturalhealthyconcepts.com/one-daily-180-13740602.html">https://www.naturalhealthyconcepts.com/one-daily-180-13740602.html</a>				For those who won't buy Juice Plus—a very poor second choice, but better than not taking it.		
25	8	<b>Pure Essence Labs Candex--best killer of yeast on market</b>	2-3 times daily for 60 days	<b>Candex-Candida Enzymatic Killer 80 Capsules</b>	<b>Candex-Candida Enzymatic Killer 120 Capsules</b>			Yeast Cleanse Package #1		
26				<a href="https://www.naturalhealthyconcepts.com/candex-80.html">https://www.naturalhealthyconcepts.com/candex-80.html</a>	<a href="https://www.naturalhealthyconcepts.com/candex-120-13700034.html">https://www.naturalhealthyconcepts.com/candex-120-13700034.html</a>					

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27	9	Jarrow-Formulas--used normally at 1 capsule daily, but with yeast cleanse double it for 60 days.	Depends on why it is needed	Jarrowdophilus EPS 120	Jarro-dophilus 60 capsules			For everyone but also for Yeast Cleanse Package #2
28				<a href="https://www.naturalhealthyconcepts.com/eps-jarro-dophilus-1120-13711970.html">https://www.naturalhealthyconcepts.com/eps-jarro-dophilus-1120-13711970.html</a>	<a href="https://www.naturalhealthyconcepts.com/eps-jarro-dophilus-13711966.html">https://www.naturalhealthyconcepts.com/eps-jarro-dophilus-13711966.html</a>			
29	10	Solaray Yeast Cleanse-Used with yeast cleanse to prevent regrowth of Candida/yeast.	3-2X daily for 60 days	Solaray Yeast Cleanse 90	Solaray Yeast Cleanse 180			Yeast Cleanse Package #3
30				<a href="https://www.naturalhealthyconcepts.com/yeast-cleanse-S90-13767106.html">https://www.naturalhealthyconcepts.com/yeast-cleanse-S90-13767106.html</a>	<a href="https://www.naturalhealthyconcepts.com/yeast-cleanse-S180-13767102.html">https://www.naturalhealthyconcepts.com/yeast-cleanse-S180-13767102.html</a>			
31	11	Iodoral	2-4 tablets daily depending on their need	Iodoral 12.5 mg 90 count tablets	Iodoral 12.5 mg 180 count			Thyroid Support #1
32				<a href="https://www.naturalhealthyconcepts.com/iodoral-90-13725322.html">https://www.naturalhealthyconcepts.com/iodoral-90-13725322.html</a>	<a href="https://www.naturalhealthyconcepts.com/iodoral-180-13725310.html">https://www.naturalhealthyconcepts.com/iodoral-180-13725310.html</a>			
33	12	GAIA Adrenal Herbs	2 capsules daily	GAIA Adrenal Health 60 capsules	GAIA Adrenal Health 120 Capsules			Commonly needed-not always
34				<a href="https://www.naturalhealthyconcepts.com/adrenal-health-daily-support-G-60-13689478.html">https://www.naturalhealthyconcepts.com/adrenal-health-daily-support-G-60-13689478.html</a>	<a href="https://www.naturalhealthyconcepts.com/adrenal-health-daily-support-G-120-13689474.html">https://www.naturalhealthyconcepts.com/adrenal-health-daily-support-G-120-13689474.html</a>			
35	13	Nordic Naturals Pro-Omega	2 capsules daily	Nordic Naturals: Ultimate Omega 120 capsules <a href="https://www.naturalhealthyconcepts.com/ultimate-omega-NN-120-13925306.html">https://www.naturalhealthyconcepts.com/ultimate-omega-NN-120-13925306.html</a>	Buy small SKU if desired			Additional to Flax seed oil, not instead of
36	14	Barlean's Greens As Multi-green food To alkalize the Blood stream 1 serving daily	1 Serving daily	Barlean's Greens-choose your flavor: Super Fruits, Chocolate Silk, Berry Blend <a href="https://www.naturalhealthyconcepts.com/superfruit-greens-straw-kiwi-9oz-13757314.html">https://www.naturalhealthyconcepts.com/superfruit-greens-straw-kiwi-9oz-13757314.html</a>	<a href="https://www.naturalhealthyconcepts.com/chocolate-silk-greens-powder-270gr-13702286.html">https://www.naturalhealthyconcepts.com/chocolate-silk-greens-powder-270gr-13702286.html</a>	Berry Blend product		Alkalizing food choice, for people needing to raise the pH of their blood
37								
38		<b>There are others that are more sparingly recommended</b>						